### By Peter B. D. de la Mare \* and Raymond D. Wilson, Chemistry Department, University of Auckland, Private Bag, Auckland, New Zealand

The epoxidation of cholest-5-en-3-one by *m*-chloroperbenzoic acid in deuteriochloroform and in benzene has been investigated by <sup>1</sup>H n.m.r. spectroscopy. The product mixtures contain 3,4-secocholest-5-eno-3,4-lactone and the  $\alpha$ -epoxide, both recognised by previous workers; the  $\beta$ -epoxide accompanies them, the  $\alpha$  : $\beta$  ratio being *ca*. 2:1 in both solvents. Both  $\alpha$ - and  $\beta$ -epoxides undergo smooth rearrangement when treated with pyridine in deuteriochloroform, and give the expected 6-hydroxycholest-4-en-3-one. By this treatment the mixed products of epoxidation of 48-deuteriocholest-5-en-3-one lose exclusively (within experimental error) the  $4\alpha$ -hydrogen atom. The epoxidation of some  $3\alpha$ - and  $3\beta$ -substituted cholest-5-enes under the same conditions was also carried out to monitor our experimental procedures.

ALTHOUGH there has been much investigation of electrophilic additions to cholest-5-enes and their analogues.<sup>1</sup> the factors that influence the observed orientation and stereochemistry are still not thoroughly understood. also includes as a substantial component the  $5\beta$ , $6\beta$ -epoxide (3) [reaction (i)], which has been characterised also by its base-catalysed conversion into 68-hydroxycholest-4en-3-one (4) [reaction (ii)]. Although a number of



Attack by bromine chloride on 3ß-substituted cholest-5enes is known to give nearly exclusively the product formed by initial electrophilic attachment to the *a*-face of the molecule.<sup>2</sup> Recently, however, we obtained indications that the structurally closely related cholest-5en-3-one may be attacked by bromine in part on the  $\beta$ face.<sup>3</sup>

In halogenations, completion of addition to the double bond requires attack also by a nucleophile, which can be supplied separately, either on the same or on the opposite face of the double bond. Epoxidation by peroxy-acids resembles halogenation in having a transition state with substantial carbocationic character; 4,5 but completion of the reaction requires ring closure to give a stable product of syn-addition. The stereochemistry of epoxidation of cholest-5-en-3-one was therefore of interest. Its reaction with peroxy-acids in aprotic solvents is known <sup>6</sup> to give 3,4-secocholest-5-eno-3,4-lactone (1), by Baever-Villiger oxidation of the carbonyl group, together with the  $5\alpha$ ,  $6\alpha$ -epoxide (2). By using a method of analysis by <sup>1</sup>H n.m.r. spectroscopy similar to that used by Bingham et al.<sup>7</sup> for the corresponding  $3\beta$ - and  $3\alpha$ -substituted cholest-5-enes, we have now shown that the product

<sup>†</sup> For details of Supplementary Publications see Notice to Authors No. 7, J.C.S. Perkin II, 1976, Index issue.

<sup>1</sup> Cf. D. N. Kirk and M. P. Hartshorn, 'Steroid Reaction

CJ. D. N. KIIK and M. P. Hartshorn, Steroid Reaction Mechanisms, Elsevier, Amsterdam, 1968.
<sup>2</sup> D. H. R. Barton, E. Miller, and H. T. Young, J. Chem. Soc., 1951, 2598; J. B. Ziegler and A. C. Shabica, J. Amer. Chem. Soc., 1952, 74, 4891.

P. B. D. de la Mare and R. D. Wilson, Tetrahedron Letters, 1975. 3247.

<sup>4</sup> D. Swern, Org. Reactions, 1953, 7, 378; H. B. Henbest, Chem. Soc. Special Publ. No. 19, 1965, p. 83.

analogues of this rearrangement are known,<sup>8,9</sup> its stereochemistry in our example has some unusual features.



# EXPERIMENTAL

(a) Materials and Methods .--- Some of the materials and methods, including the properties of the 4-deuteriated cholest-5-en-3-ones, have been described earlier.3,10 The methods used to prepare and characterise other known compounds are given in Supplementary Publication No. SUP 21996 (34 pp., 1 microfiche),† which also includes examples of typical <sup>1</sup>H n.m.r. spectra.

(b) Reactions of 5a, 6a-Epoxycholestan-3-one.—This compound underwent the expected ring openings. Thus the epoxide (0.3 g) in acetone  $(10 \text{ cm}^3)$  was treated with hydrogen bromide (45% w/v) in acetic acid  $(0.2 \text{ cm}^3)$ . After 10 min the product was filtered off; the resulting  $6\beta$ -bromo-5 $\alpha$ hydroxycholestan-3-one after being washed with acetone and dried in vacuo had m.p. 178-179° (Found: C, 67.4; H, 9.1; Br, 16.6. C<sub>27</sub>H<sub>45</sub>BrO<sub>2</sub> requires C, 67.3; H, 9.4; Br, 16.6%),

<sup>5</sup> R. P. Hanzlik and G. O. Shearer, J. Amer. Chem. Soc., 1975, 97, 5231.

<sup>6</sup> S. Mori and F. Mukawa, Proc. Japan Acad., 1955, **31**, 532.
<sup>7</sup> K. D. Bingham, T. M. Blaiklock, R. C. B. Coleman, and G. D. Meakins, J. Chem. Soc. (C), 1970, 2330.

<sup>8</sup> L. J. Haynes, Sir Ian Heilbron, E. R. H. Jones, and F. Sondheimer, J. Chem. Soc., 1947, 1583. <sup>9</sup> A. C. Cope and J. K. Heeren, J. Amer. Chem. Soc., 1965, 87, 3125

3125. <sup>10</sup> P. B. D. de la Mare and R. D. Wilson, J.C.S. Perkin II,

1977, 157.

 $\delta$ (CDCl<sub>3</sub>) 0.76 (3 H, s, 18-H<sub>3</sub>), 1.55 (3 H, s, 19-H<sub>3</sub>), 1.6 (1 H, s, OH), 2.17 (1 H, d,  $J_{4\alpha, 4\beta}$  16 Hz,  $W_{\frac{1}{2}}$  2.6 Hz,  $4\alpha$ -H), 3.52 (1 H, d,  $J_{4\alpha, 4\beta}$  16 Hz,  $W_{\frac{1}{2}}$  1.6 Hz,  $4\beta$ -H), and 4.00 (1 H, m,  $W_{\frac{1}{2}}$  7 Hz,  $6\alpha$ -H).

Similarly the epoxide (0.05 g) in deuteriochloroform  $(0.3 \text{ cm}^3)$  was treated with pyridine  $(0.2 \text{ cm}^3)$  for 14 days. The solvent and pyridine were removed *in vacuo*; the <sup>1</sup>H n.m.r. spectrum (CDCl<sub>3</sub>) of the product was the same as that of  $\theta_{\alpha}$ -hydroxycholest-4-en-3-one,<sup>10</sup> and no signals attributable to the isomer <sup>10</sup> were detected.

(c) Products of Epoxidation of 3-Substituted Cholest-5enes.—Bingham et al.<sup>7</sup> have established a method suitable for determining ratios of  $\alpha$ - to  $\beta$ -epoxidation of 3-substituted cholest-5-enes, and have examined the influence of structure The assignments of the signals in the <sup>1</sup>H n.m.r. spectra of these epoxides are confirmed by the spectra of the products of epoxidation of 4 $\beta$ -deuteriocholest-5-en-3-one; details are given in the Supplementary Publication. Furthermore, they confirm that the ground states of these epoxides have ring A in the chair form. Thus the signals for the axial 4 $\beta$ -protons, as compared with those for the equatorial 4 $\alpha$ -protons, are both expected and found to be more strongly shifted downfield by the adjacent carbonyl group,<sup>11</sup> so that their signals occur in the same region as those of the 6proton. Similarly, in the 5 $\alpha$ , 6 $\alpha$ -epoxide the signal for the 4 $\alpha$ -proton is both expected and found to be relatively broad, owing to long-range coupling with the 2 $\alpha$ -proton signal.

The identification of the signals was further confirmed by

# TABLE 1

Proportions of  $\alpha$ -epoxide in product of epoxidation of cholest-5-ene and some of its 3-substituted derivatives with perbenzoic acid and its derivatives

3-Substituent Peroxy-acia Solvent epox	dde Ref. 72 7
	12. 7
H PhCO <sub>3</sub> H CHCl <sub>3</sub> 0.7	
H $m-ClC_6H_4\cdot CO_3H$ $CDCl_3$ 0.6	36 This paper
H $m-ClC_{g}H_{4}\cdot CO_{3}H$ $C_{g}D_{g}$ 0.7	70 This paper
H $p-NO_2 \cdot C_6 H_4 \cdot CO_3 H C_6 H_6 0.8$	30 7
$\alpha$ -MeO $m$ -ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H CDCl <sub>3</sub> 0.8	56 This paper
$\alpha$ -MeO $m$ -ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H C <sub>6</sub> D <sub>6</sub> 0.5	55 This paper
$\beta$ -MeO PhCO <sub>3</sub> H $C_6H_6$ 0.7	14 7 -
$\beta$ -MeO $m$ -ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H CĎCl <sub>3</sub> 0.8	32 This paper
$\beta$ -MeO $m$ -ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H C <sub>6</sub> D <sub>6</sub> 0.8	32 This paper
$\alpha$ -PhCO <sub>2</sub> m-ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H CDCl <sub>3</sub> 0.4	16 This paper
$\alpha$ -PhCO <sub>2</sub> m-ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H C <sub>6</sub> D <sub>6</sub> 0.4	18 This paper
$\beta$ -PhCO <sub>2</sub> $m$ -ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H CDCl <sub>3</sub> 0.6	57 This paper
$\beta$ -PhCO <sub>2</sub> $m$ -ClC <sub>6</sub> H <sub>4</sub> ·CO <sub>3</sub> H C <sub>6</sub> D <sub>6</sub> 0.6	58 This paper
$\beta - p - NO_2 \cdot C_8 H_4 \cdot CO_2$ PhCO <sub>3</sub> H CHCl <sub>2</sub> 0.6	59 7 <sup>°</sup>
$\beta - 3, 5 - (NO_2)_2 C_6 H_3 CO_2$ PhCO <sub>3</sub> H CHCl <sub>3</sub> 0.7	7 7

and of solvent on this ratio for several peroxy-acids. We have extended their measurements for some reference compounds by using *m*-chloroperbenzoic acid, wishing to establish our modification of their method of analysis. We have confirmed that the signals for the  $5\alpha$ ,  $6\alpha$ - and  $5\beta$ ,  $6\beta$ epoxides appear as doublets centred, respectively, at  $\delta ca$ . 3 (*J* ca. 3.5 Hz,  $6\beta$ -H) and 3.2 (*J* ca. 2 Hz,  $6\alpha$ -H), clearly resolved from other signals. The results are given in Table 1; agreement between the two sets of results is quite good.

(d) Products of Epoxidation of Cholest-5-en-3-one.-Analyses of the reaction mixtures from the epoxidation of cholest-5-en-3-one followed the same general method as was applied to the products from the cholest-5-enes, but were a little more complicated. The signals from the product (1) of Baever-Villiger oxidation were readily recognisable: δ 4.07 (1 H, d,  $J_{4\alpha,4\beta}$  14 Hz,  $W_{\frac{1}{2}}$  2 Hz, 4α-H), 4.60 (1 H, d,  $J_{4\alpha,4\beta}$  14 Hz,  $W_{\frac{1}{2}}$  4 Hz, 4β-H), and 5.70 (1 H, m,  $W_{\frac{1}{2}}$  9 Hz, vinyl 6-H). The <sup>1</sup>H n.m.r. spectrum of 5a, 6a-epoxycholestan-3-one has already been described; the doublet for which its  $4\beta$ -H was responsible lay under one of the signals from the  $6\alpha$ -H of the  $5\beta$ ,  $6\beta$ -epoxide. When allowance was made for this, the presence of  $5\beta$ ,  $6\beta$ -epoxycholestan-3-one was evident in the reaction mixtures from epoxidation in CDCl<sub>3</sub> or in  $C_6D_6$ ; its <sup>1</sup>H n.m.r. spectrum included a doublet,  $\delta$  2.94 (1 H, J 16 Hz,  $W_{\frac{1}{2}}$  ca. 2 Hz, 4 $\beta$ -H), resembling the corresponding doublets in the <sup>1</sup>H n.m.r. spectra of the epoxides derived from 3-substituted cholest-5-enes already described; and a doublet at  $\delta$  3.0 (1 H, J ca. 2 Hz, 6 $\alpha$ -H): The product proportions derived from the <sup>1</sup>H n.m.r. spectra of the reaction mixtures are given in Table 2.

examining the products of base-catalysed rearrangement of the epoxide mixtures. Cholest-5-en-3-one  $(5 \times 10^{-4} \text{ mol})$ was treated with *m*-chloroperbenzoic acid  $(5.5 \times 10^{-4} \text{ mol})$ in CDCl<sub>3</sub> (2 ml) for 11 h at *ca.* 20 °C, and then the solvent was removed *in vacuo*. To the residue were added 2,4dibromoanisole  $(9.8 \times 10^{-5} \text{ mol})$ , tetramethylsilane (1 drop), and pentadeuteriopyridine  $(9.3 \times 10^{-3} \text{ mol})$ . The mixture was transferred to a stoppered <sup>1</sup>H n.m.r. tube, warmed to 37 °C, and placed in the probe of the <sup>1</sup>H n.m.r.

#### TABLE 2

Proportions of products from epoxidation of cholest-5-en-3-one ( $5 \times 10^{-4}$  mol) with *m*-chloroperbenzoic acid ( $6 \times 10^{-4}$  mol) at *ca*. 20 °C for 3 h

Product	Solvent CDCl <sub>s</sub> (2 cm <sup>3</sup> )	Solvent $C_6D_6$ (2 cm <sup>3</sup> )
Lactone (1)	0.29	0.26
$5\alpha, 6\alpha$ -Epoxide (2)	0.49 *	0.52 †
5β,6β-Epoxide (3)	0.22	0.22
* Proportion of total	enovide 0.69.	t Proportion of t

\* Proportion of total epoxide, 0.69. † Proportion of total epoxide, 0.70.

spectrometer (probe temperature 37 °C). The spectrum was scanned at appropriate intervals (initially *ca.* 30 min), and the rearrangement of the two epoxides was followed by monitoring the integrals of the relevant signals, the methoxy-protons of 2,4-dibromoanisole being used as a standard

<sup>11</sup> A. Nickon, M. A. Castle, R. Harada, C. E. Berkoff, and R. O. Williams, *J. Amer. Chem. Soc.*, 1963, 85, 2185; K. M. Wellman and F. G. Bordwell, *Tetrahedron Letters*, 1963, 1703; G. J. Karabatsos, G. C. Sonnichsen, N. Hsi, and D. J. Fenoglio, *J. Amer. Chem. Soc.*, 1967, 89, 5067. when computing absolute concentrations. The signals which had been assigned to the 5 $\beta$ ,6 $\beta$ -epoxide disappeared relatively rapidly, and by a process which within experimental error was of the first order in epoxide ( $10^5k_1 = 35 \pm 2 \text{ s}^{-1}$ , estimated from three points only). The 5 $\alpha$ ,6 $\alpha$ -epoxide reacted substantially more slowly, and this reaction was also within experimental error of the first order;  $10^5k_1 = 2.8 \pm 0.1 \text{ s}^{-1}$ . The final product contained the lactone (1), 6 $\alpha$ -hydroxycholest-4-en-3-one,<sup>10</sup> and 6 $\beta$ -hydroxycholest-4-en-3-one (4) <sup>10</sup> in proportions which could be determined by integration of appropriate <sup>1</sup>H n.m.r. signals <sup>10</sup> as 0.29 : 0.49 : 0.22, identical with those expected from the results of Table 2.

Under the conditions used here for the rearrangement of the 5,6-epoxycholestan-3-ones, the 5,6-epoxy-3 $\beta$ -methoxy-cholestanes underwent no significant rearrangement in 25 days.

(e) Products of Epoxidation of 4β-Deuteriocholest-5-en-3one.—A sample of  $4\beta$ -deuteriocholest-5-en-3-one (15 + 5%) of  $4\alpha^{-2}H$ ,  $83 \pm 3\% 4\beta^{-2}H$ )<sup>10</sup> was epoxidised similarly, and the mixture was treated with pentadeuteriopyridine. <sup>1</sup>H N.m.r. spectroscopy showed that the resulting mixture of epimeric 6-hydroxycholest-4-en-3-ones contained 83 + 3% <sup>2</sup>H at C-4 as estimated by integration of the C-4 and C-6 proton signals. Within experimental error, therefore, no  $\beta$ -deuterium had been removed from either epoxide. The product mixture contained the lactone (1), substantially deuteriated 6*a*-hydroxycholest-4-en-3-one, and substantially deuteriated  $6\beta$ -hydroxycholest-4-en-3-one (4), in the proportions 0.24: 0.54: 0.22. This estimation was made by using the integrals of the relatively weak signals for the residual 4-protons, and so is subject to more uncertainty than the corresponding analysis for the non-deuteriated material.

#### DISCUSSION

(a) Epoxidation of Substituted Cholest-5-enes.—For the epoxidation of a group of  $3\beta$ -substituted cholest-5-enes by m-chloroperbenzoic acid, in deuteriochloroform or in hexadeuteriobenzene,  $\alpha$ - is favoured over  $\beta$ -attack by a factor of a little more than 2. Variations in this ratio with the polar character of the  $\beta$ -substituent [over the

ition state established by Hanzlik and Shearer's <sup>5</sup> study of secondary deuterium isotope effects in epoxidation.

The results now obtained for epoxidation of cholest-5en-3-one show that the ratio of  $\alpha$ - to  $\beta$ -attack by the epoxidising peroxy-acid is very similar to that observed for the series of  $3\beta$ -substituted cholest-5-enes under similar conditions. No special effect is observed through introduction of the 3-oxo-group, which (since the 3position now carries no bulky substituent) might have been expected to confer some additional flexibility on ring A and hence to have minimised steric hindrance to attack on the  $\alpha$ -face of the molecule. In a later paper, these results will be compared with results obtained in some halogenations currently being studied.

(b) Base-catalysed Rearrangement of the 5,6-Epoxycholestan-3-ones.—The isomeric rearrangements of epoxides to allylic alcohols have been studied by a number of groups of workers. Examples given as reaction (iii)

$$RCH_2 \cdot CH \cdot CH_2 \xrightarrow{\text{NaNH}_2} RCH \cdot CH \cdot CH_2 \cdot OH \quad (R = Ph \text{ or } HC \cdot C) \text{ (iii)}$$

were established by Haynes *et al.*<sup>8</sup> Cope and Heeren illustrated similar reactions of the oct-4-ene oxides, lithium diethylamide in diethylamine being used as the reagent. Rearrangements carried out by using the latter conditions have been studied extensively by Thummel and Rickbourn,<sup>12</sup> who have shown by using *cis*- and *trans*-4-t-butylcyclohexene oxide labelled appropriately with deuterium that the proton *syn* to the epoxy-group is removed preferentially by lithium diethylamide in diethyl ether-hexane. Their work shows also that with cyclic epoxides where alternative sites for proton abstraction are possible, attack by the base is directed away from sites close to bulky substituents.

The corresponding rearrangements of some  $\beta\gamma$ -epoxyketones, which occur under much milder conditions



range H, MeO, PhCO<sub>2</sub>, p-O<sub>2</sub>N·C<sub>6</sub>H<sub>4</sub>·CO<sub>2</sub>, 3,5(NO<sub>2</sub>)<sub>2</sub>-C<sub>6</sub>H<sub>3</sub>CO<sub>2</sub>], and in the electrophilicity of the peroxy-acid (over the range PhCO<sub>3</sub>H, m-ClC<sub>6</sub>H<sub>4</sub>·CO<sub>3</sub>H, p-O<sub>2</sub>N·C<sub>6</sub>H<sub>4</sub>·CO<sub>3</sub>H) seem to be small and show no systematic trends. A substituent at the  $3\alpha$ -, rather than at the  $3\beta$ -position, however, seems to reduce the proportion of attack on the  $\alpha$ -face of the molecule. This result suggests that a bulky axial  $3\alpha$ -substituent can exert steric hindrance of small but significant magnitude to attack by electrophiles, despite the unsymmetrical nature of the trans-

(e.g. with diethylamine in ethanol at 30 °C) have been studied by Barton and Houminer.<sup>13</sup> Reaction (iv), for example, was found to be subject to a deuterium isotope effect,  $k_{3-H}/k_{3-D} = 3$ , and to proceed without incorporation of deuterium into the starting material recovered after partial reaction. The removal of a 3-proton was thereby established to be part of the rate-determining process; the two possibilities were considered, (a) that the enolate ion was a discrete intermediate, as shown, and (b) that the proton removal and reprotonation were synchronous, the two stages shown being telescoped.

<sup>13</sup> D. H. R. Barton and Y. Houminer, *J.C.S. Perkin I*, 1972, 919.

<sup>&</sup>lt;sup>12</sup> B. Rickbourn and R. P. Thummel, J. Org. Chem., 1969, **34**, 3583; 1972, **37**, 3919; R. P. Thummel and B. Rickbourn, J. Amer. Chem. Soc., 1970, **92**, 2064; J. Org. Chem., 1972, **37**, 4250;

The results do not provide conclusive evidence on this point.

The rearrangements of the two epoxides examined in the present work resemble in general characteristics those studied by Barton and Houminer,<sup>13</sup> proceeding smoothly are more unusual, and appear to provide the first authentic example of a stereoselective *anti*-rearrangement of an epoxide to an allylic alcohol. Again, stereoelectronic factors require the  $4\alpha$ -proton, which is removed preferentially, to adopt an axial conformation, and hence



to completion under the influence of a weak base at 37 °C. The slower of these, the reaction of  $5\alpha$ , $6\alpha$ epoxycholestan-3-one to give  $6\alpha$ -hydroxycholest-4-en-3-one, has stereochemical characteristics which accord also with Thummel and Rickbourn's observations<sup>12</sup> concerning the reactions of epoxides having less 'active ' hydrogen atoms; the  $4\alpha$ -hydrogen atom, syn- to the epoxy-group, is removed by base in preference to a (7) must adopt the boat conformation in the transition state (8).\* This reaction is more than ten times faster than that of its isomer, probably because steric hindrance to attack by base adjacent to the epoxide group is less in (8) than in (6). Steric hindrance is also less in (8) than in (7), since in the latter the adjacent 19-methyl group impedes approach to the  $\beta$ -deuterium atom.

It seems likely that the anti-stereochemistry found



 $4\beta$ -deuterium atom. For the epoxy-ketones, however, the mild conditions required for the transformation establish that the proton loss is powerfully accelerated by the adjacent carbonyl group; and for this to be effective, delocalisation of the developing negative charge over the O=C- $\overline{C}$  system is needed. This in turn requires adjustment of the conformation of ring A towards an axial location for the departing  $4\alpha$ -hydrogen atom, and this is only possible if this ring becomes boatlike in the transition state [(5)  $\longrightarrow$  (6)]. Ring opening synchronous with proton removal remains here as a possibility.

The corresponding reactions of  $5\beta$ , $6\beta$ -epoxycholestan-3-one and its  $4\beta$ -deuterio-derivative, on the other hand, for this epoxide implies that proton removal precedes the opening of the epoxide ring, as in the stepwise mechanism [reaction (iv)] discussed by Barton and Houminer.<sup>13</sup> The results do not establish fully the degree of stereoselectivity of the reactions. A preference for  $\alpha$ - over  $\beta$ -removal by a factor of up to eight would be expected for (5) or (7) merely through the primary H/D isotope effect on the base-catalysed rearrangement; and an additional experimental uncertainty arises since we were able to determine the isotopic compositions of the derived 6-hydroxycholest-4-en-3-ones only as a mixture in the products from the 70:30 mixture of epoxides. It is certain, however, that for both epoxides removal of the α-hydrogen atom, despite its equatorial disposition in the ground state, is considerably preferred over removal of  $\beta$ -deuterium, and hence that, for the  $\beta$ -epoxide, antirearrangement is competitive in rate with syn-rearrangement.

[6/1630 Received, 23rd August, 1976]

<sup>\*</sup> This epoxy-ketone formally has a *cis*-AB ring junction. The bonds attached to the three-membered ring, however, are more nearly trigonally than tetrahedrally arranged, and are rather rigidly constrained. The type of chair form adopted by the usual 5 $\beta$ -cholestanes would be very heavily strained and not nearly as accessible as (7) or (8), as shown by Dreiding models.